



Name of Newsletter | Month Year (fx)



City Break? Ski Break? Why not have both..

Beautiful, historic and inspiring Oslo - Norway's capital city lies at the top of the breathtaking Oslofjord, surrounded by wooded hills.

Enjoy the unique combination of a 'buzzing' city - great shopping, excellent cuisine and many fantastic museums - together with spectacular skiing set amongst stunning scenery, just minutes from the city centre.

And it's only 2 hours away from the UK

Visitosloregion.com



FREE FLIGHTS TO NORWAY WITH HURTIGRUTEN

Hurtigruten has extended its free flight offers an extra month to cover bookings up until 31 March and added an additional five departures which the offer can be combined with. Savings of up to £420pp are available when booking a Classic Round Voyage following the famous Norwegian Coastal Voyage route on selected voyages between April and September 2009. Free flights are available from a choice of eight regional airports: Gatwick, Heathrow, Manchester, Birmingham, Aberdeen, Newcastle, Glasgow and Edinburgh.

Prices start from £1326 per person including full board accommodation, a night in Bergen and free flights. Transfers and taxes are also included. (Price includes early booking discount offer). Hurtigruten 020 8846 2666

www.hurtigruten.co.uk



Ski and sail on the west coast of Norway with Contrast Adventure

Our proposal for the winter season is 4 days of ski mountaineering based from a sailboat to show you some of the possibilities for a "once in a lifetime" experience in the Sunnmøre and Romsdalen Alps.

There are 2 possibilities for arriving with airplane, Molde or Aalesund airport. From there we will arrange transportation to the sailboat. The transport is an experience in itself with mountains up to 1500 m straight up from the fjords.

What`s included

Guide fees, boat rental, food for breakfast, lunches and dinner, technical group gear, rescue insurance.

For bookings contact annestine@contrastadventure.no, + 47 95 23 12 40

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Northern Lights Peak in Tromsø

Northern Lights are best seen in February and March, when good weather allows for clear night skies. Around Tromsø, dog sledding, snowmobiling and reindeer sleigh rides allow you to explore blue fjords and snowy mountains, as well as a glimpse of the frail, elegant rays of the Northern Lights.

Tromsø's city centre is a colourful collection of 19th c. wooden houses, galleries, museums, shopping and crowded cafés. The Arctic lifestyle is completed with a vibrant cultural scene, an inventive arctic cuisine and a festive nightlife; THE place in the Arctic to have a good time.

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Going skiing?

Our winter resorts have long traditions as winter holiday destinations. Many of them have been run by the same family for a number of generations. Most of them are situated in the skiing areas itself, and have designated tracks going straight from their accommodation. Some have extensive networks of ski tracks that are prepared by machines or snow-scooters every day, but it is also possible to ski in large areas of untouched nature. The track networks at each location are shown on special local maps.

Activities without ski

In addition, the resorts offer many other activities. Try an idyllic tour by horse sledge with harness bells and torches, where a rest for a hot drink beside a log fire in a Sami tent adds a little extra spice to the experience. Others offer trips by sledges pulled by large dog teams, 10-12 huskies travelling at high speed across the mountain plateau.

www.skiingnorway.com



The howling wind or the sound of silence, it's the wilderness that calls!

Have You ever considered doing something wild and challenging? Maybe it`s already your habit? Even if it is not, we offer an opportunity for you to fulfill your dreams of the arctic in a eco friendly, secure and comfortable way.

Join us for the especially designed "Easter adventure" in the Norwegian mountains (April 7th-13th), or attend our "Arctic Nature Experience " (March 23rd-29th + March 30th-April 5th + April 14th-20th). Our guides have substantial experience, and have recently trained participants to the 2009 Amundsen Omega3 South Pole Race (will be shown on BBC).

Welcome to a true nature experience!

Contact info: +47 908 55 556

www.turgleder.com
